## REFLECT AND CONNECT





Three Monthly
Reflect + Connect
Huddles



Reflective Practice
Team Wellbeing



Team Alignment Decision Making Problem Solving



Coaching +
Practice Mentoring

Reflect and Connect group huddles are designed to support work teams to focus on team connection, reflection, shared goals and employee wellbeing. Each 2 hour huddle is facilitated by a coach who use a range of plays to promote positive mindsets, performance and team goal success. Team members are encouraged to support others and share their skills, knowledge and insights for the collective benefit. Whether that be wins, challenges, customer learnings or ideas to improve workflows. How to best participate: Have an open mind, ask curious questions and be future focused.

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